



Fremont United Methodist Church

We seek to share the joy of God's love so that all might live with dignity and purpose.

June 2
Music Sunday
June 9
Pentecost & Communion
June 16
Holy Land Presentation &
Teacher, Volunteer, Graduate
Recognition

A Full Summer of Joyfulness

If you keep your feet from breaking the Sabbath and from doing as you please on my holy day,
If you call the Sabbath a delight and the Lord's holy day honorable,
And if you honor it by not going your own way and not doing as you please
Then you will find your joy in the Lord and
I will cause you to ride on the heights of the land and to feast on the inheritance of your faith.
The mouth of the Lord has spoken.

Isaiah 58:13,14 (modified)

So this summer, let's faithfully gather, as often as our schedules allow,
to worship, because worship
 helps us focus our reflection
 magnifies our praise
 encourages others with our presence
 helps us keep our priorities in good order
 is good Christian practice
 is an act of devotion
 is something God requires of each of us
 cold weather or warm
 rain or shine.

And gather too because the Worship Team and I have elected to try something we believe will be both fun and instructive. We've had conversational services the past two summers and we had planned to do so again this year but no 'troublesome texts' were submitted, so while there will be opportunity for conversation, I'm going to take us on a biblical journey starting June 23 through September 1. It's a sequential journey that attempts to unfold the great epic sweep of our Bible. Each stage along the way flows from the one before, so coming as frequently as you can will be helpful.

Because of the illustrative format of this journey, we'll be using a different screen from the one on our wall, so I'd recommend you claim a seat in the forward pews for these summer Sundays for better viewing.

Let's have a good time together.

yours in the journey,



WORSHIP & SPIRITUAL FORMATION

We open our summer worship with these terrific services:

Music Sunday, June 2

This is a service of music interspersed with short scripture passages. We sing hymns and songs and the choir and bells treat us to extra music. This year we hope to include a bit of drumming to heighten our celebration. Because Pentecost is June 9, we thought it fitting to celebrate communion then instead of the 2nd.

Pentecost, June 9

This is always a great celebratory service when we deck our church and ourselves in red to commemorate the fiery baptism of the Holy Spirit. We will celebrate the Great Thanksgiving as well and following service we will indulge in strawberry shortcake too.

Holy Land Presentation, June 16

We finally have a PowerPoint of slides and personal stories to share with the church of this trip 20 of us made to the Jordon, Israel and the West Bank this past October. Come travel vicariously as we unfold what was a profound, inspiring, exhausting, but oh so rewarding trip, which many of you made possible by your generous support. We're sorry it has taken us so long to share this trip with you; we can all relive it together.

The Storyboard Overview of the Bible begins June 23

As Pastor Q mentioned in her article, she's going to lead us on an epic march through the Bible, helping us comprehend the scope and arc of God's engagement with creation and humankind. We believe this illustrated presentation (think pre-school like art) will help all of us put our own favorite texts into context and inspire a greater appreciation of this wonderful but often overwhelming compilation we call our Bible. We suggest you sit in the forward pews for better viewing as we'll be using a different screen.



SERVICE & MISSION

Annual Conference, June 13-15

Pastor Q, Cynthia MacLeod and Suzanne Wardenaar will be at Annual Conference in Eugene, June 13-15. Please pray for them and for all of the proceedings as the Conference contends with all that has transpired since February's General Conference.

Stay Informed

about the responses to the General Conference decision of Feb 23. The best resource for information about how the United Methodist Conferences and Churches in the West are responding to the General Conference is via the Western Jurisdiction Website:

<http://westernjurisdictionumc.org/>. You can also subscribe to the site to receive regular updates. Their posting of March 21 can be found at: *(an important one to read)*.
<http://westernjurisdictionumc.org/as-we-make-our-way-back-home/>

How We Engage at FUMC and Express Our Gifts

In our March Joyful Noise Service, we asked folks to write on Post-it notes the ways they participate in the life here at Fremont UMC. We used a rainbow motif to emphasize the diversity and inclusivity. Below are the wonderful and varied responses we received. We've listed them as they appeared on the post-it as best, we could. Happy reading.

labor / play bells / pray for others / listening-singing-making food-praying-knitting / friendship-participation-helping others /prayer shawl knitter / do shelter dinners-go to Salem to meet with legislators for affordable housing / attending classes and adding to the conversation / work monthly with Cully families for affordable housing / serve on Interfaith Alliance on Poverty / sung in the choir and solos for many years / serve on Trustees / help with receptions and hospitality
greeter / nurture & teach / diversity & a different perspective / sharing my faith with others / volunteer for events, jobs, sales / give of my finances as generously as I can / prayer-maintenance-love-grounds / teach and listen / building renovation cmt member-Christmas trees-Reconciling Ministries / provide food for families needing meals / provide help with food for events
sing & pray / prayer shawl knitter / greeter-usher-friendship support-4th Sunday help / make coffee/attend services-contribute \$ to church and special missions / participate in Diving Deeper-make coffee-help with organization-make meals-pray / play in bell choir / serve on SPRC-check signer-help with social media-prayer shawl knitter-fundraising / make coffee and occasional meals/ sing in choir / visit folks / contribute ideas for the future wellbeing of the church-fellowship / make cookies / my voice-phone calls-prayers / manage the Brewpub discussion group & mails / experience w/ children and kinds w/ disabilities / attend regularly

express love to all! / sing! / sing / attend services and Bible study / attend church & manage finances / financial / read / spiritual
attend classes / play bells / sell Christmas trees / sing in choir / count the offering / come to worship almost every week / smile / decorate / love all! / serving on SPRC & helping with hiring, reviews, raises etc.-bring my experience /
give financial support / pray / sing (la la la) / serve on SPRC / lead music on Sunday / sing / serve on Finance Cmt / grounds cleanup-food for folks-rides for folks-financial support / serve on leadership committees / maintain friendships-say 'hello' to people every week at church / knit prayer shawls



FUN & FELLOWSHIP

Moving Sale to Benefit Fremont UMC

Friday, May 31: 9:00-5:00

Saturday, June 1: 9:00-3:00

4551 N.E. 47th AVE. Janet Orjala's House

SATURDAY 12 NOON EVERYTHING HALF PRICE!

Vintage 1920's/1930's beautiful inlaid dining room set with 3 extra leaves, 6 matching chairs & buffet; two upholstered love-seats, one with double recliners; one corner sofa/lounge; antique, family heirloom double bed; antique dresser; flexible bunk bed (two twins OR a twin and full OR a futon; grandfather clock; extensive collection of LP vinyls – classical, oldies & rock; large collection of knitting supplies, magazines, equipment and finished projects; clothing; books; videos, DVD's and cassettes; lots of kitchen and household miscellaneous.

All proceeds from this sale will be donated to FUMC.

Music Fest

On Saturday, June 29 (specific time TBD) Fremont UMC along with our sister congregations; Great Spirit, Hughes Memorial and 1st AME Zion will gather at Hughes Memorial for an hour of Music. So, pencil this in on your calendars, more information will be announced in Sunday bulletins.

Let's Picnic!! It's Time for Fellowship!

Please mark your calendars and join us for the Fellowship picnic held at Wilshire Park, Sunday August 4th 12:00-3:00.

One of our deep desires at Fremont is to 'reach beyond the walls' of our church to be good friends and neighbors in the community, and spending time in a relaxed social setting is a great way to build connections. A small group of Fremonters has been planning the picnic with members of the other churches; First AMEZ, Great Spirit UMC, and Hughes Memorial UMC. We will have time to get acquainted, renew friendships, share food, and play some games for all ages.

The picnic is a potluck, with Fremont providing the grill food and fixings, and the other groups bringing side dishes. There is no charge for the picnic, but we'll have a free will offering for Fremonters who would like to help cover the cost of park rental and food. More details to follow!

The Fremont Book Group

This month we welcome you to read and discuss "A Gentleman in Moscow" with us. We will meet at 7pm on Monday, July 8th at the home of Sharon and Ed Lannigan. Count Alexander Rostov is sentenced by the Bolsheviks to house arrest at the elegant Hotel Metropol for the rest of his life. The story is funny, sad, romantic, historic and dramatic as he lives among those who come and go from the famous hotel.



THANK YOU

Extending our gratitude to: Mary Knocke for taking the time to clean the office windows till they sparkled like diamonds! **Jon Udenstock** of Wayside for helping John Shapland in his absence. **Les, Marilyn, Sara, Claudia** for their part in helping the Interfaith Alliance on Poverty host the Ted Wheeler event.



OTHER NEWS OF NOTE

Graduate Recognition

will be **Sunday, June 16** and so if you've a graduate connected with the Fremont family who is graduating from high school, college or a graduate program, please send us their name & their graduation information (diploma/degree & name of institution). office@fremontumc.org.

Please advise us **by June 2**.

Office Closed: Madalyn will be out of the office Wednesday June 3rd & Thursday June 4th. Calls and emails will be answered when she returns Monday June 10th

Looking for up-to-date info about FUMC events?

Stay informed by checking our website fremontumc.org

Trustees meet Thursday, June 13 at 7pm in the Bob Nelson Room

Finance committee meets Thursday, June 20 at 7pm in the Bob Nelson Room

Ministry Council meets Thursday, August 22nd at 7pm in the Bob Nelson Room

FREMONT UMC MINISTRY TEAM

Ministers	All the People
Pastor	Linda Quanstrom
Director of Music	Lynn Rognsvog
Youth & Family Ministries Program Director	Tanner Morton
Music Assistant	Janet Orjala
Childcare	Béatrice Kanyandekwe
Administrative Assistant	Madalyn Bach
Bookkeeper	Carol Hancock
Custodian	Patricia Bailey

Office Hours: Monday 9:00am-5:00pm & Tues-Thursday 9:00am-1:00pm
Monday is the pastor's scheduled day off.